INTRODUCTION

Oxidative stress has a major role in the pathogenesis of diverse diseases such as atherosclerosis, liver cirrhosis including cancer. It is initiated by reactive oxygen species (ROS) such as superoxide anion (O\(^2-\)), perhydroxy radical (HOO\(^-\)) and hydroxyl radical (HO\(^-\)). These radicals are formed by one electron reduction process of molecular oxygen (O\(_2\)). ROS can easily initiate the lipid peroxidation of the membrane lipids causing damage to the cell membrane of phospholipids and many other lipoproteins by propagating a chain reaction. The abundant evidences suggested that ROS such as superoxide anion, hydrogen peroxide and hydroxyl radicals are involved in the pathogenesis of the various disorders and diseases. Thus, antioxidants defense systems have co-evolved with aerobic metabolism to counteract oxidative damage from ROS. Antioxidants are exogenous (natural or synthetic) or endogenous compounds acting in several ways including by removal of oxygen, scavenging ROS/nitrogen species or their precursors, inhibiting ROS formation and binding metal ions needed for catalysis of ROS generation and by up-regulation of endogenous antioxidant defenses. The protective efficacy of antioxidants depends on the type of ROS that is generated, the place of generation and the severity of the damage.

Adenanthera pavonina Linn (A. pavonina) belonging to family fabaceae is commonly known as red wood and red-bread tree which is a deciduous tree, 18-24 m tall, erect and 60 cm in diameter. Many species of Adenanthera including A. pavonina have been used as traditional herbal medicine against a variety of diseases including diabetes, lipid disorders, diarrhoea, haemorrhage from the stomach, haematura and as anti-inflammatory agent in gout. Traditionally, its ground seed is widely used for the treatment of various human ailments such as boils, cholera, paralysis, epilepsy, spasm, inflammation, blood disorders, arthritis, hepatoprotective, rheumatism, indigestion and convulsion.

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ABSTRACT

Aim: Reactive oxygen species (ROS) such as superoxide anion, hydrogen peroxide and hydroxyl radicals are involved in the oxidative damages resulting in pathogenesis of the various disorders and diseases. Thus, the scavenging activity of methanolic extract of Adenanthera pavonina Linn leaves (MEAP) was evaluated to find the ability to counteract oxidative damages by ROS.

Materials and methods: Total phenolic and flavonoid contents were determined by colorimetric principle using gallic acid and rutin calibration curves respectively. Scavenging activity was evaluated by DPPH free radical and nitric oxide anion scavenging assays. Total reducing power was also evaluated.

Results: Phytochemical analysis of MEAP showed the presence of alkaloids, glycosides, carbohydrate, tannins, flavonoids, terpenoids, saponins, sterols, proteins and resins. Total ash, acid insoluble and water soluble ash values were found to be 8.86, 2.24 and 7.18% w/w respectively. Loss on drying was found to be 1.53% w/w. Extractive value was found to be 11.2% w/w. Total phenolic and flavonoid contents in MEAP were found to be 55.43±1.07 mg/g and 52.87±1.07 mg/g respectively. Reducing power was found to be increasing with increasing doses of extract.

Conclusion: Methanolic extract of Adenanthera pavonina Linn leaves is a potent scavenger of ROS and can counteract oxidative damages by ROS. Thus, MEAP can be employed as an anti-oxidant drug to counteract and treat oxidative damages by ROS.

Keywords: Adenanthera pavonina, ROS, scavenging activity, Phenolics, Flavonoids.

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ISSN: 2250-1177  CODEN (USA): JDDTAO
Phytochemically, its seed contains an anti-inflammatory active principle, O-acetylethanolamine. The leaves possess octacosanol, dulcitol, glucosides of β-sitosterol and stigmasterol. The bark furnishes stigmasterol glucoside, and pods contain glycosides, saponins and steroids. A new five-membered lactone ring with an exo-cyclic double bonded compound, pavonin was isolated from its methanol soluble part. The methanolic extract of seed has also been reported to demonstrate anti-inflammatory and analgesic activities. The crude extract of A. pavonina showed blood pressure lowering effect antifungal, anti-oxidant and cytotoxic, anti-diabetic and anti-hyperlipidemic activities.

**MATERIALS AND METHODS**

**Collection and authentication of plant material**

The fresh leaves of A. pavonina were collected from Pallavaram, Chennai, Tamilnadu in the month of June 2010. The plant specimen was authenticated by National Institute of Herbal Science, Plant Anatomy Research Center, Chennai, Tamilnadu (References no.: PARC/2011/954).

**Preparation of extract**

Freshly collected leaves of A. pavonina were washed with distilled water to remove dirt and soil and dried under shade in a ventilated room. Coarsely powdered drug (500 g) was packed in muslin cloth and subjected to Soxhlet extraction for continuous extraction with methanol for 72 h. Methanolic extract of A. pavonina was filtered through Whatmann filter paper and filtrate was concentrated under reduced pressure and at temperature below 40°C. Dried extract was stored in a freezer.

**Preliminary phytochemical screening**

Preliminary phytochemical investigation was performed for the presence or absence of plant constituents like alkaloids, glycosides, carbohydrates, phenolic compounds, tannins, flavonoids, terpenoids, saponins, sterols, proteins and resins in MEAP.

**Estimation of ash value**

Ash value was determined by the method described by Choudhry, (1996). The ash remaining following ignition at 450°C of crude drug was determined by three different methods, which measure total ash, acid-insoluble ash and water-soluble ash.

**Total ash**

Indian Pharmacopoeia 1996 and WHO prescribes methods for determination of ash values. About 2-3 gm of air dried crude drug was placed in the tarred silica crucible and was incinerated at a temperature not exceeding 450°C until free from carbon, cooled and weighed to get the total ash content.

**Acid insoluble ash**

Acid insoluble ash is the residue obtained after boiling the total ash with dilute hydrochloric acid and igniting the remaining insoluble matter. This measures the amount of silica present, especially as sand and siliceous earth. Ash was boiled with 25 ml of hydrochloric acid for 5 minutes. The insoluble matter was collected on ash less filter paper, washed with hot water and ignited at a temperature not exceeding 450°C to a constant weight.

**Water soluble ash**

Water soluble ash is the difference in weight between the total ash and the residue after treatment of total ash with water. It is a good indicator of either previous extraction of water-soluble salts in the drug or in corrected preparation. Ash was dissolved in distilled water and the insoluble part collected on an ashless filter paper and was ignited at 450°C to a constant weight. By subtracting the weight of insoluble part from that of ash, the weight of the soluble part of ash was obtained.

**Estimation of loss on drying**

This parameter determines the amount of moisture as well as volatile components present in a particular sample. The powdered drug sample (10 gm) was placed on a tarred evaporating dish and dried at 105°C for 6 hrs and weighed. The drying was continued until two successive readings matched each other or the difference between two successive weighing was not more than 0.25% of constant weight.

**Estimation of extractive value**

According to Indian Pharmacopoeia 1996, British Pharmacopoeia 1980 and WHO guideline the determination of water soluble and alcohol soluble extractives is used as a means of evaluating crude drugs which are not readily estimated by other means. The extraction of any crude drug with particular solvent yields a solution containing different phytocomponents that is such extractive value provides an indication of the extent of polar, medium polar and non polar components present in the plant material.

**Estimation of total phenolic content**

Total phenolic content was determined according to colorimetric principle. 10 mg/ml solution of the MEAP was prepared in methanol. Different dilutions of gallic acid (5 µg/ml to 75µg/ml) were prepared in methanol. Methanol was used as blank. 10% Folin-Ciocalteu Reagent (FCR) in distilled water, 1M Na₂CO₃ solution in distilled water and 1mg/ml solution of standard gallic acid in methanol were prepared. 0.5 ml of each standard dilution or drug sample solution or blank was taken and, added to 5 ml FCR reagent and 4 ml Na₂CO₃ solution. Then, absorbance was taken at 725 nm after 40 minutes. Standard calibration curve was plotted. Total phenolic content in the extract was calculated by using this curve. It was found to be 55.43±1.07 µg/mL.

**Estimation of total flavonoid content**

Total flavonoid content was estimated by colorimetric principle of aluminium chloride method. 0.5 ml of the 1mg/ml stock solution of MEAP prepared in methanol was taken in 1.5 ml of methanol in a test tube. 0.1 ml of 1M potassium acetate solution was added to reaction mixture and volume was made upto 5 ml with distilled water.
In Vitro Scavenging Assays

Assay for DPPH free radical scavenging capacity

The assay was performed according to the method of Lim 22. The radical scavenging activity of MEAP against 1,1-Diphenyl-2-picrylhydrazyl (DPPH) was determined by UV spectrophotometer at 517 nm. An aliquot of (0.05, 0.1, 0.5, 1.0, 1.25 and 1.50 mg/ml) of MEAP was mixed in test tubes containing 3 ml of methanol and 0.5 ml of 1 mM DPPH. The reaction mixture was incubated at 37°C for 30 min. The radical scavenging activity was calculated using the following equation:

\[
\% \text{ Scavenging} = \left(1 - \frac{\text{Absorbance of Sample}}{\text{Absorbance of Control}}\right) \times 100.
\]

Ascorbic acid was used as standard and methanol was used as blank (control). Experiment was performed three times.

Assay for nitric oxide anion scavenging activity

The procedure was based on the principle that sodium nitroprusside solution at physiological pH spontaneously generates nitric oxide which interacts with oxygen to produce nitric ion that was estimated by using Greiss reagent (1% sulphanilamide, 2% phosphoric acid and 0.1% naphthylenediamine dihydrochloride) 23. Scavenger of nitric oxide competes with oxygen leading to reduce production of nitric ion. 1ml aliquot of different concentrations of MEAP (0.05-1.5 mg/ml) were dissolved in phosphate buffer solution. 1ml of 10 mM sodium nitroprusside solution was added to it and incubated at room temperature for 150 min. The reaction without the extract but equivalent amount of methanol served as control. After incubation period, 0.5 ml of Greiss reagent was added. The absorbance was determined by UV spectrophotometer at 546 nm. Ascorbic acid was used as standard. Experiment was performed three times.

The radical scavenging activity was calculated using the following equation:

\[
\% \text{ Scavenging} = \left(1 - \frac{\text{Absorbance of Sample}}{\text{Absorbance of Control}}\right) \times 100.
\]

Assay for reducing power

The total reducing power of the extract was measured according to Oyaizu method (1986). Extract MEAP dissolved in 1 ml of distilled water (10, 25, 50 and 100 mg/ml) was mixed with 2.5 ml of phosphate buffer (0.2 mM, pH 6.6) and 1% of 2.5 ml potassium ferricyanide. The mixture was then incubated at 55°C for 25 min. Subsequently, 2.5 ml of 10% trichloroacetic acid was added to the mixture, which was then centrifuged for 10 min at 3000 rpm. The upper layer of the solution (1.5 ml) was mixed with 1.5 ml of distilled water and 0.3 ml of 0.1% ferric chloride solution. The absorbance was measured at 680 nm using UV spectrophotometer. Elevated absorbance of the reaction mixture indicated better reducing power 24. Experiment was performed three times.

RESULTS

Preliminary phytochemical screening

The results of preliminary phytochemical investigation showed the presence of alkaloids, glycosides, carbohydrates, phenolic compounds, tannins, flavonoids, terpenoids, saponins, sterols, proteins and resins in MEAP (Table 1).

Table 1: Phytochemical screening of methanolic extract of A. pavonina leaves.

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Constituents</th>
<th>Observation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Alkaloids</td>
<td>+</td>
</tr>
<tr>
<td>2</td>
<td>Carbohydrates</td>
<td>+</td>
</tr>
<tr>
<td>3</td>
<td>Glycosides</td>
<td>+</td>
</tr>
<tr>
<td>4</td>
<td>Phenolic compounds and tannins</td>
<td>+</td>
</tr>
<tr>
<td>5</td>
<td>Flavonoids</td>
<td>+</td>
</tr>
<tr>
<td>6</td>
<td>Terpenoids</td>
<td>+</td>
</tr>
<tr>
<td>7</td>
<td>Saponins</td>
<td>+</td>
</tr>
<tr>
<td>8</td>
<td>Sterols</td>
<td>+</td>
</tr>
<tr>
<td>9</td>
<td>Proteins</td>
<td>+</td>
</tr>
<tr>
<td>10</td>
<td>Resins</td>
<td>+</td>
</tr>
<tr>
<td>11</td>
<td>Lipids/ Fats</td>
<td>–</td>
</tr>
</tbody>
</table>

+ = Present, – = Absent

Estimation of ash value

The results of ash value of A. pavonina are mentioned in Table 2. Total ash, acid insoluble and water soluble ash values of A. pavonina were found to be 8.86, 2.24 and 7.18% w/w respectively with respect to air-dried crude drug.
Table 2: Ash values of A. pavonina leaves.

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Total ash (%)</th>
<th>Acid insoluble ash (%)</th>
<th>Water soluble ash (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8.91</td>
<td>2.51</td>
<td>7.12</td>
</tr>
<tr>
<td>2</td>
<td>8.71</td>
<td>2.23</td>
<td>7.45</td>
</tr>
<tr>
<td>3</td>
<td>8.99</td>
<td>1.99</td>
<td>6.98</td>
</tr>
<tr>
<td>Mean</td>
<td>8.86</td>
<td>2.24</td>
<td>7.18</td>
</tr>
</tbody>
</table>

Estimation of loss on drying

The loss on drying of A. pavonina leaves had been determined. It was found to be 1.53% w/w.

Estimation of extractive value

The yield of methanolic extract of Adenanthera pavonina leaves (MEAP) was found to be 11.2% w/w.

Estimation of total phenolic and flavonoid contents

Total phenolic and flavonoid contents in the methanolic extract of A. pavonina leaves (MEAP) were found to be 55.43±1.07 µg/ml equivalent to gallic acid and 52.87±1.8 µg/ml equivalent to rutin respectively (Figure 1 and Figure 2).

**Figure 1:** Gallic acid calibration curve for estimation of total phenolic content.

**Figure 2:** Rutin calibration curve for estimation of total flavonoid content.
In Vitro Scavenging Assays

Assay for DPPH free radical scavenging capacity

The scavenging effect of MEAP was found to be concentration dependent. MEAP reacted with the stable free radical DPPH and discolored its solution. The percentage inhibition by MEAP at different concentrations of 0.05, 0.1, 0.5, 1.0, 1.25 and 1.50 mg/ml were found to be 34.14, 39.29, 51.27, 75.32, 87.18 and 93.09% respectively whereas, in comparably doses, that of the standard ascorbic acid were found to be 38.92, 44.35, 53.87, 78.52, 89.21 and 99.01% respectively. The standard ascorbic acid presented a high scavenging effect of 99.01% at the concentration of 1.50 mg/ml. The IC_{50} value of MEAP was found to be 425 µg/ml, which is comparable to the IC_{50} of standard ascorbic acid 320 µg/ml (Figure 3).

Assay for nitric oxide anion scavenging activity

MEAP produced significant free radical scavenging action against nitric oxide (NO) induced release of free radicals. The percentage inhibitions at different concentrations of standard ascorbic acid 0.05, 0.10, 0.5, 1.0, 1.25 and 1.5 mg/ml were found to be 37.99, 44.02, 57.40, 80.01, 89.60 and 96.05% and that of the MEAP at the same concentrations were found to be 33.98, 40.26, 52.32, 69.87, 80.18 and 91.64 respectively. The standard ascorbic acid presented a high scavenging effect of 95.32% at the concentration of 1.5 mg/ml. The IC_{50} of MEAP was found to be 352 µg/ml, which was comparable to the IC_{50} of standard ascorbic acid 280 µg/ml (Figure 4).

Assay for reducing power

The reducing capacity of the extract MEAP at different concentration ranging from 10-100 mg/ml revealed significant reducing activity in terms of ascorbic acid equivalent (Table 3). Its reducing power was found to be dose dependent. Results are expressed as Mean±SD average of three experimental values.
DISCUSSION AND CONCLUSION

Various evidences indicate that increased consumption of antioxidants from fruits and vegetables minimizes the risk of degenerative diseases associated with ageing and may contribute to improvement in quality of life by delaying the onset of various diseases. The present results demonstrated that MEAP possess free radical scavenging and antioxidant capacity as tested in vitro. It demonstrated the effect of polyvalent phytochemicals and its scavenging capacity in vitro assays. In addition to phenolic compounds, natural flavonoids and polyphenols from fruits or plant extracts are considered as important antioxidant components and direct correlation has been established between total phenolic content and antioxidant activity of the extracts and antioxidant capacity in vitro. Free radical scavenging capacity of extract MEAP was investigated by DPPH, nitric oxide and reducing power assays. The results from DPPH assay revealed that MEAP has shown efficient quenching of DPPH and nitric oxide and thus contains free radical quenching compounds which act as primary radical scavenger that react with DPPH by providing a hydrogen atom or electron donating ability. MEAP showed high IC₅₀ values which are comparable to that of standard ascorbic acid. The reducing potential of a compound may be referred as an important marker of its possible antioxidant activity.

However, the antioxidant activity of presumed antioxidants has been allowed to occur by various mechanisms. Anticipation of chain initiation, binding of transition metal ion catalysts and decomposition of peroxides are some mechanisms among them. Prevention is continued by hydrogen abstraction and radical scavenging. Reducing capability of MEAP was compared with standard ascorbic acid.

The results of the study indicated that anti-oxidant activities of phenolic and flavonoidal compounds are responsible for the scavenging and anti-oxidant activities of methanolic extract of A. pavonina leaves (MEAP). MEAP is a potent scavenger of ROS and can counteract oxidative damages by ROS. Thus, MEAP can be employed as an anti-oxidant drug to counteract and treat oxidative damages by ROS.

CONFLICT OF INTERESTS

Authors declare that they have no conflict of interest.

Source(s) of support: Nil

ACKNOWLEDGEMENT

One of the authors is thankful to Faculty of Pharmacy, Integral University Lucknow (IUL) for providing the necessary facilities to carry out this research.

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